

Below are lists of questions adopted from AHRQ (Agency for Healthcare Research and Quality) that you should print and bring with you if you are going to have a medical test, see your doctor for a visit, consider surgery, or receive a new prescription or diagnosis. Take these questions with you each and every time you go to see a doctor or have a test done so you can be prepared and know as much about your health as you can.

### **Are you scheduled to have medical tests?**

**Ask:**

What is the test for?

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How is the test done?

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Will the test hurt?

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How accurate is the test?

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Is this test the only way to find out that information?

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What are the benefits and risks of having this test?

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What do I need to do to prepare for the test?

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How many times have you performed the test?

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When will I get the results?

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What will the results tell me?

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What's the next step after the test?

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Will I need to stop taking my medication before or after the test?

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Can I eat and drink before and after the test?

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