



## Everyday Parenting Services

For current classes and services information  
www.sanfordchildrens.org  
(605) 333-0698

### Child Growth and Development

- Classes and resources to help you understand and encourage your child's physical, emotional, cognitive and social development.

### Behavior and Guidance

#### Temperament Reports

Gain insight to why your child reacts to people, places and situations in certain ways. A key to discipline and encouragement.

#### Temperament Coaching

Need help understanding your child's behaviors?  
Discipline tips and tools.

#### Everyday Parenting Classes

Ideas and insight on every day parenting issues.  
Bedtime, challenging behaviors, and more.

### Individual Services – Parent Coaching

#### Parent Coaching

Receive tips and tools to help you:

- Enjoy everyday parenting moments
- Manage your child's challenging behaviors
- Calm the chaos of a busy lifestyle
- Encourage healthy lifestyles for your family

#### Service options available to fit your life:

- Office visit
- Phone visit
- Individual computer webinar

## Sanford Children's CHILD Services Webpage

www.sanfordchildrens.org  
(Community Services Tab)



### Your Site for:

#### Information on:

- Child Development
- Children's Health
- Growing Up Healthy
- Guidance and Behavior
- Children's Safety

#### Watch Me Grow Help Me Grow™ Brochures

- Behavior
- Health
- Discipline
- Safety

#### Developmental Checklists

Ages birth to 12 years old

#### Kids Health

An online resource with everyday parenting articles.

CHILD Services of Sanford Children's is located at  
1115 W. 41st St, Sioux Falls, SD • (605) 333-0698



sanfordchildrens.org

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# 2010 Family and Friends Adult/Child & Infant CPR Training



